

My Health Information Checklist

If you are planning to sign up for a new or different insurance plan, this may help you. When you are looking for plans, you will want to find one which covers your medications and has your providers in their network. To make it easier to find the right plan, you can fill this out and have it with you when you speak with your case manager, agency worker, medical provider or THMP staff.

My Name:

My Date of Birth:

My primary care provider is:

The clinic or hospital where I see my provider is:

My other health conditions are:

Other Specialist(s) I see are:

My Pharmacy is:

My Insurance Company is:

The medications I am taking are:

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____

Some documents I may need when I apply for an insurance plan:

- Tax forms, like 1040 or W-2 forms
- Pay stubs or checks from my job and family members' jobs
- Social Security numbers (or document numbers) for everyone in my family
- An ID card with my picture and current address, or mail with my current address



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