

# HIV-Positive Adults in Care in Houston, Medical Monitoring Project, 2009-2014

## The Medical Monitoring Project (MMP)

- MMP is a surveillance system funded by the Centers for Disease Control and Prevention and implemented by local health departments. It collects behavioral and medical data about HIV-positive adults receiving medical care in the United States.
- From 2009 to 2014, MMP interviewed 1,181 HIV-positive adults receiving care in Houston. Their responses reflect their experiences during the 12 months before their interview, unless otherwise noted. All data presented are weighted.
- The information in this factsheet can guide policy decisions, resource allocation, and evaluation of treatment and prevention initiatives.

## Characteristics of HIV-Positive Adults in Care in Houston, 2009-2014

- 70% were male and 28% were female
- 42% were men who have sex with men
- 49% were black/African-American, 26% were Hispanic or Latino, and 23% were white
- 27% had been diagnosed with HIV less than 5 years at the time of their interview
- 22% had private insurance, 48% had public insurance only, 21% had Ryan White coverage only, and 8% were uninsured
- 52% had a household income at or below the poverty line
- 9% experienced homelessness

## HIV Treatment and Prevention Measures among HIV-Positive Adults in Care in Houston, Medical Monitoring Project, 2009-2014\*

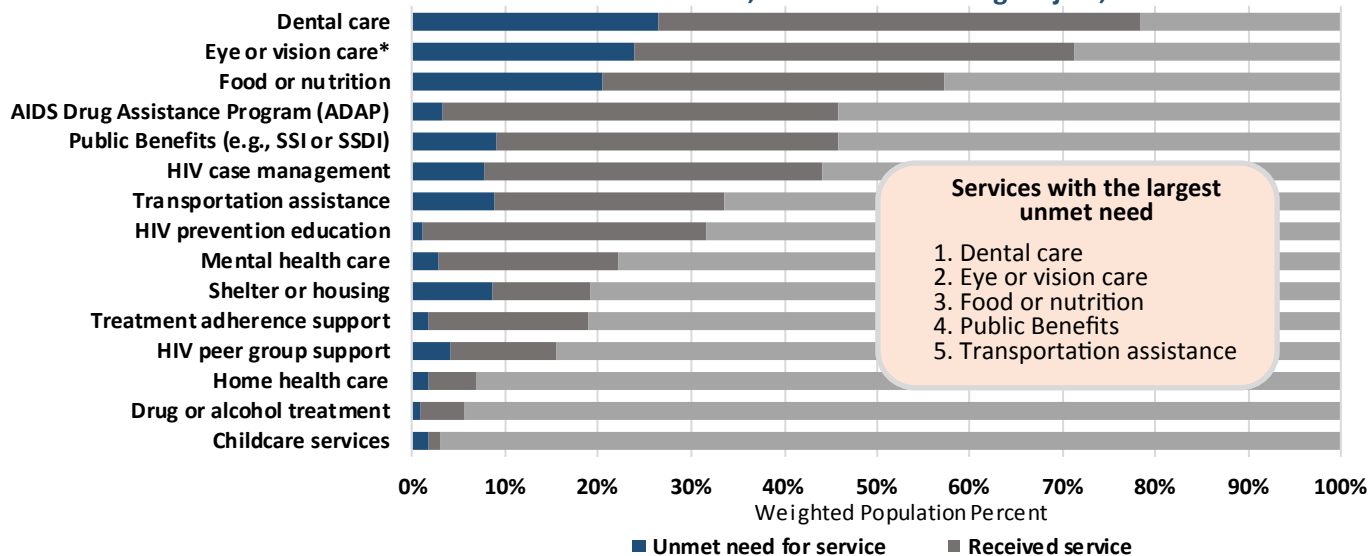
Characteristic	Prescription of ART <sup>1,2</sup> (%)	ART Dose Adherence <sup>3,4</sup> (%)	Sustained Viral Suppression <sup>2,5</sup> (%)	Receipt of Condoms <sup>3,6</sup> (%)	HIV Prevention Counseling <sup>3,7</sup> (%)
<b>Total</b>	<b>86</b>	<b>85</b>	<b>69</b>	<b>46</b>	<b>32</b>
<b>Age</b>					
18-29 years	76	84	46	64	39
30-39 years	84	79	63	51	35
40-49 years	86	86	65	45	34
≥50 years	89	88	83	40	27
<b>Gender</b>					
Male	86	87	70	50	33
Female	85	82	65	39	31
<b>Race/Ethnicity</b>					
Black/African-American	83	82	60	49	38
Hispanic/Latino	90	88	79	51	32
White	87	88	75	34	20
<b>Insurance</b>					
Any Private Insurance	84	87	72	31	26
Public Insurance Only	88	86	67	50	34
Ryan White Coverage Only	90	81	77	56	35
Uninsured	65	88	49	45	31
<b>Sexual Behavior</b>					
MSM <sup>8</sup>	84	86	69	52	32
MSW <sup>9</sup>	89	90	66	43	30
WSM <sup>10</sup>	87	82	64	39	30

\* All data are from the past 12 months unless specified otherwise; <sup>1</sup>Antiretroviral therapy; <sup>2</sup>Documented in the medical record; <sup>3</sup>Self-reported; <sup>4</sup>Past three days;

<sup>5</sup>All viral loads in past 12 months undetectable or <200 copies/ml; <sup>6</sup>Received free condoms, not counting those given by a friend, relative, or sex partner;

<sup>7</sup>Given by a healthcare provider; <sup>8</sup>Men who have sex with men; <sup>9</sup>Men who have sex with women only; <sup>10</sup>Women who have sex with men

## Met and Unmet Needs for Services among HIV-Positive Adults in Care in Houston, Medical Monitoring Project, 2009 – 2014

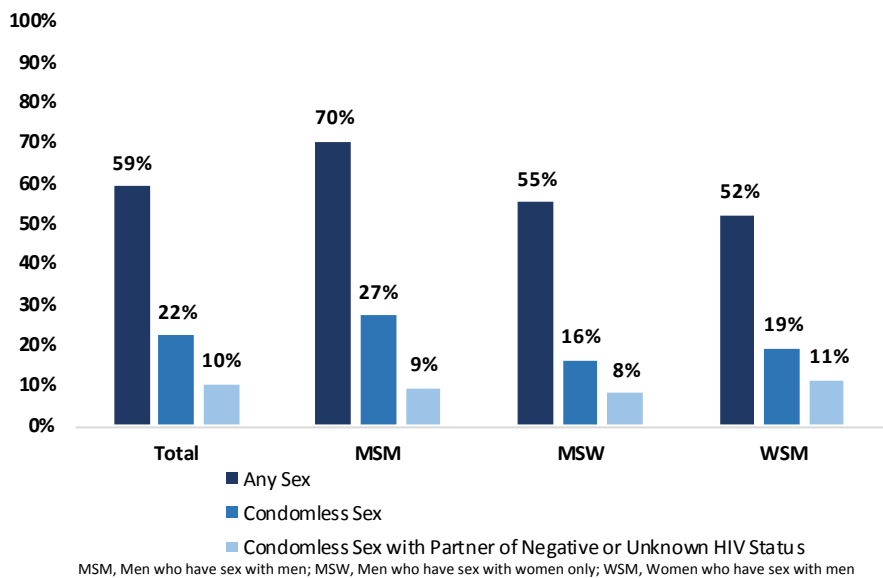


\*Eye or vision care data only available in 2013 and 2014

Abbreviations: SSI = Supplemental Security Income; SSDI = Social Security Disability Insurance.

## Behavioral and Clinical Characteristics

### Sexual Behavior in the Past 12 Months among HIV-Positive Adults in Care in Houston, Medical Monitoring Project, 2009-2014



Notes: any sex = any oral, anal, or vaginal sex from 2009 to 2013, but in 2014 oral sex was excluded; condomless sex = vaginal or anal sex without a condom; condomless sex with HIV-negative or unknown-status partner=engaged in condomless sex with an HIV-negative partner or a partner whose status was unknown; all sexual behavior information is self-reported.

Documentation of MMP methods can be found here: [http://www.cdc.gov/hiv/pdf/HSSR\\_MMP\\_2010-PDF01.pdf](http://www.cdc.gov/hiv/pdf/HSSR_MMP_2010-PDF01.pdf)

### Substance Use<sup>1</sup>

- 32% were current smokers
- 14% engaged in binge drinking<sup>2</sup>

<sup>1</sup>Self-reported

<sup>2</sup>Binge drinking is defined for men as 5 or more drinks in a sitting in the past 30 days and for women as 4 or more drinks in a sitting in the past 30 days.

### STD Testing Among Sexually Active Persons in the Past 12 Months

- 60% were tested for syphilis
- 22% were tested for gonorrhea
- 23% were tested for chlamydia

### Influenza Vaccination in the Past 12 Months

- 72% received an influenza vaccine

### Questions? Contact us:

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<http://www.cdc.gov/hiv/statistics/systems/mmp/>

<http://www.houstontx.gov/health/Epidemiology/HMMP/index3.html>

