

## **Texas Youth Health**

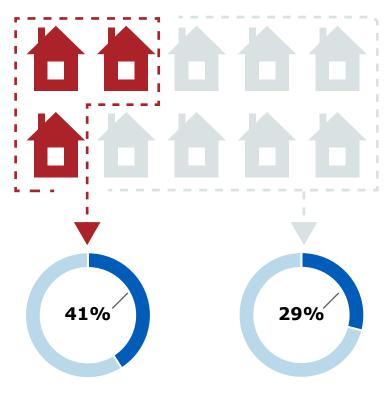
Survey Data Brief

October 2022

## **COVID-19 Pandemic**

In 2021, the Texas Youth Risk Behavior Survey asked two questions related to the coronavirus disease (COVID-19) pandemic. High school students reported their experiences during the pandemic, including both experiences that occurred in the past or at the time the student took the survey.

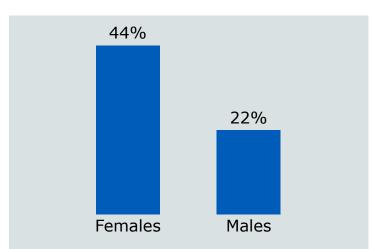
In 2021, 3 in 10 Texas high school students reported that their **parent or other adult** in their home lost their job during the COVID-19 pandemic.



Of those students who reported such a job loss, 41% reported their **mental health was not good** most of the time or always, compared to 29% of students who did not report a job loss.



Overall, 1 in 3 Texas high school students reported that their **mental health was not good** most of the time or always during the COVID-19 pandemic.



Female students were twice as likely to report that their mental health was not good most of the time or always during the COVID-19 pandemic compared to males (44% and 22%, respectively).

Source: Texas Youth Health Risk Behavior Surveillance System

For more information about the Texas Youth Risk Behavior Survey, visit: <a href="mailto:dshs.texas.gov/chs/yrbs/default.shtm">dshs.texas.gov/chs/yrbs/default.shtm</a>

