



## Monitoring of Persons with Potential Exposure to Avian Influenza (AI) Checklist

Please note all email communications should be sent to Central Office at [FluTexas@dshs.texas.gov](mailto:FluTexas@dshs.texas.gov) AND to the appropriate Regional office contacts for your jurisdiction.

### **Initial Phone Call**

Determine if the individual currently resides in Texas.

- If yes, obtain exact address:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

- If no, determine the exact address where the person under monitoring (PUM) is currently resides. If the PUM plans to come to Texas eventually or routinely travels to Texas, find out when and where (exact address) the PUM will arrive and report to DSHS for monitoring or prophylaxis.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Were you able to contact the individual after multiple attempts?

- Yes     No

- Notes on successful attempts to reach the individual:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Confirm contact information.

- Best contact phone number: \_\_\_\_\_ Okay to text? Yes No
- Secondary phone number: \_\_\_\_\_ Okay to text? Yes No
- Emergency phone number: \_\_\_\_\_ Okay to text? Yes No
- Email address: \_\_\_\_\_



- Secondary/emergency contact email: \_\_\_\_\_
- Verify exposure date.
  - Date last exposed to animals potentially infected with AI: \_\_\_\_\_
  - Does the individual plan to continue working at an affected farm/facility regardless of symptomology?
    - Yes     No
- Was the individual involved in a USDA/APHIS response?
  - Yes     No
  - Date arrived/arriving in Texas: \_\_\_\_\_
- Inform the individual of the monitoring process in Texas and establish their risk level using the risk level classification table below.

Description	Monitoring Recommendation
Any individual who visited or worked on a farm/facility in which avian influenza has confirmed or suspected ill animals on premises.	Self-monitoring for 10 days after the last known date of exposure or continuously for ongoing exposure, ending 10 days after the last day of exposure.
Any individual who came in close contact with an animal, or an area where animal products or animal waste were present, on a farm/facility in which avian influenza has confirmed or suspected ill animals or premises.	Monitoring at Days 0, 5, and 10 for a single exposure or every 5 days thereafter for continuous exposure. Initial and final contact must be made.  <i>Note: For transfers from other jurisdictions initial contact should be made by the receiving health department regardless of the monitoring day.</i>
Any individual who was in close contact with an animal with known avian influenza infection or a symptomatic animal.	Once daily monitoring by phone, text, email on each day of the 10-day monitoring period. Initial and final contacts must be made by phone.

- Provide the individual with their date of completion of monitoring. Individuals will be monitored for 10 days following their last exposure. Continuous monitoring may be required for individuals that continue work on affected farms/facilities. The date of last exposure is Day 0 and monitoring is conducted for 10 days after Day 0.
- Establish the best contact method and time.
  - Best contact method: \_\_\_\_\_
  - Best contact time: \_\_\_\_\_



- Confirm that the individual was provided education and monitoring instructions, including the symptoms to watch for.
  - If the individual did not receive education and instructions, determine the preferred method of contact with which to provide them:  
\_\_\_\_\_
  
- Ask if the individual is currently experiencing any of the following symptoms (if yes, additional follow-up is required).
  - Fever (Temperature of 100°F [37.8°C] or greater) or feeling feverish/chills
  - Diarrhea
  - Cough
  - Nausea
  - Sore throat
  - Vomiting
  - Runny or stuffy nose
  - Fatigue
  - Sneezing
  - Seizures
  - Muscles or body aches
  - Headaches
  - Eye tearing, redness, or irritation
  - Difficulty breathing/shortness of breath
  
- Ask if the individual has any plans to travel in the next two weeks. If yes, complete the Avian Influenza (AI) Person Under Monitoring Notification of Travel Form and send the completed form to [FluTexas@dshs.texas.gov](mailto:FluTexas@dshs.texas.gov).
  
- Provide the individual with the contact information for the local health department (LHD) and 24/7 emergency contact information in case they develop symptoms.
  
- Inform the individual that you will contact them again via phone, text message, or email daily as indicated in the table above.
  
- Thank the individual for their time.

### **For Routine Monitoring Calls**

- Confirm the PUM is still in your jurisdiction. If not, collect jurisdiction information on the "Avian Influenza (AI) Person Under Monitoring Notification of Travel Form" and send to [FluTexas@dshs.texas.gov](mailto:FluTexas@dshs.texas.gov) immediately.
  
- Ask if the PUM is experiencing any signs or symptoms of influenza-like illness (review symptoms). If yes, review the "Symptomatic PUMs" section of "Monitoring Guidance for Individuals Exposed to Avian Influenza".
  
- Ask if they have any upcoming travel plans within the state of Texas or out of the state of Texas. If yes, complete the "Avian Influenza (AI) Person Under Monitoring Notification of Travel Form" and send to [FluTexas@dshs.texas.gov](mailto:FluTexas@dshs.texas.gov) immediately.



- Thank the individual for their time.
- Complete the "Avian Influenza (AI) 10-day Symptom Monitoring Log".

**For Final Monitoring Call (Closeout)**

- Ask if the PUM is experiencing any signs or symptoms of influenza-like illness (review symptoms). If yes, review the "Symptomatic PUMs" section of "Monitoring Guidance for Individuals Exposed to Avian Influenza".
- Inform the PUM that this is their final day of monitoring and that no additional contact will be required.
- Thank the PUM for their time and provide them with the LHD contact information should they have any follow-up questions.
- Complete the "Avian Influenza (AI) 10-day Symptom Monitoring Log" electronically and email to [FluTexas@dshs.texas.gov](mailto:FluTexas@dshs.texas.gov) within 48 hours.

**Special Situations:**

**For PUMs reporting symptoms, obtain the following information:**

- When did symptoms begin? \_\_\_\_\_
- Has the individual received medical care or treatment for any of their symptoms?
  - Yes     No
  - If yes, describe treatment:
   
\_\_\_\_\_
   
\_\_\_\_\_
   
\_\_\_\_\_
   
\_\_\_\_\_
- Is there anyone else living in the household or spending significant amounts of time in the household?
  - Yes     No
  - If yes, do any other members of the household currently have symptoms.
    - Yes     No
  - If yes, who has symptoms and when did they begin?
   
\_\_\_\_\_
   
\_\_\_\_\_



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- If the individual does not need immediate medical care, instruct them to self-isolate while follow-up and/or testing is arranged.
  - Complete the "Avian Influenza Initial Case Investigation Form for PUIs" and send the completed for to EAIDU ([flutexas@dshs.texas.gov](mailto:flutexas@dshs.texas.gov)).
  - If the individual does need medical care, coordinate with local healthcare facilities and/or emergency services as needed. In an emergency, the PUM should notify the LHD and report to a healthcare facility without delay.