

Texas Department of State Health Services

Malaria Trends in Texas, 2013-2022

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Office of the Chief State Epidemiologist

Texas Department of State Health Services

February 16, 2024



Objectives

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- Malaria background
- Malaria trends in Texas, 2013-2022
- Malaria data Texas, 2013-2022
- Preliminary malaria data Texas and Region 11, 2023



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Malaria Background

- Disease caused by infection with a parasite, commonly from the bite of a mosquito.
 - Four kinds of parasites cause disease in humans: *Plasmodium falciparum*, *P. vivax*, *P. ovale*, and *P. malariae*.
 - Symptoms include fever, headache, vomiting, shaking chills, and other flu-like illness.
 - Onset is usually 7 to 30 days after infection.
 - Disease can be severe and fatal without treatment.
- Anyone living or traveling in malaria-endemic areas is at risk for infection (Greater risk in parts of Africa and Asia).
 - Preventive medication can greatly reduce the risk of infection.

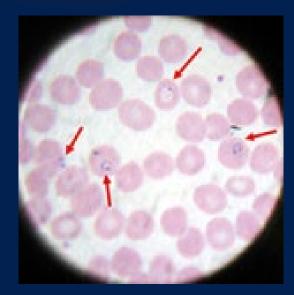


An adult female *Anopheles quadrimaculatus*, seen here taking a blood meal, is capable of spreading the malaria parasite to humans. (CDC photo)

Malaria Trends in Texas, 2013-2022



- From 2013-2022 there have been a total of 1,239 cases of malaria reported in Texas (range of 47-166 per year).
 - Of these, the majority, close to 98%, are acquired from international travel.
 - 17% of cases between 2013-2022 are *P. vivax* (inclusive of dual infections).
- Majority of cases (over 80%) between 2013-2022 were diagnosed in Texas by blood smear or PCR.



Blood smear from a patient with malaria; microscopic examination shows *Plasmodium* falciparum parasites (arrows) infecting some of the patient's red blood cells. (CDC photo)

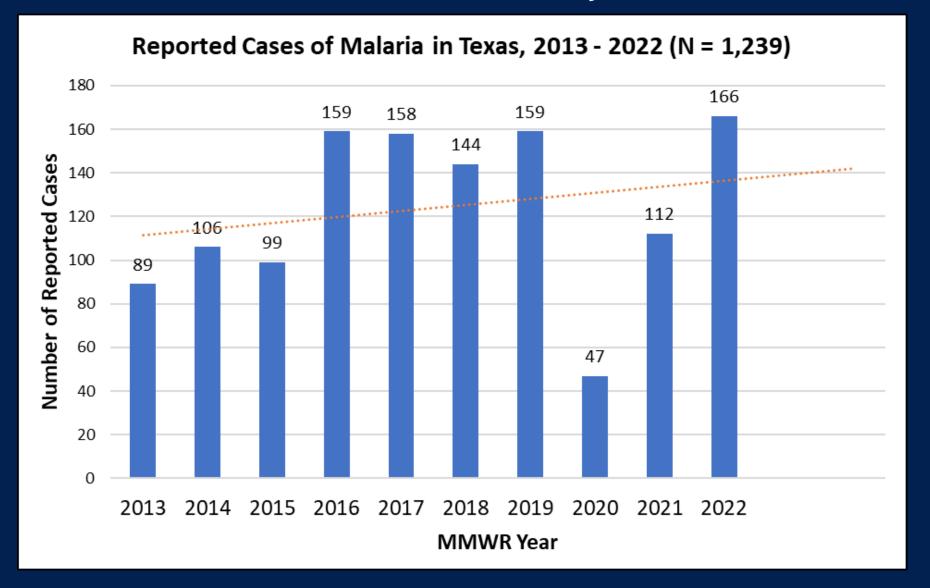


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Malaria Data - Texas, 2013-2022

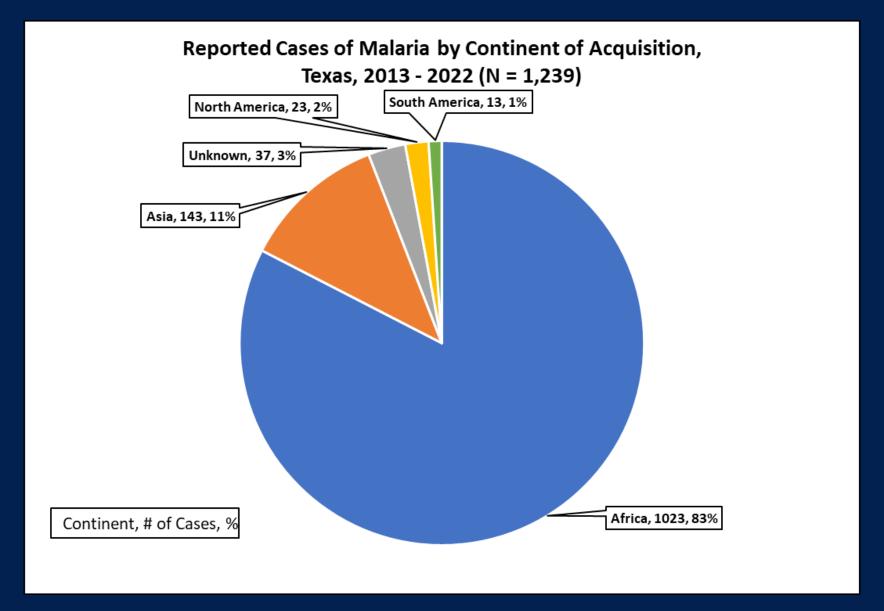
Annual Case Counts, 2013-2022





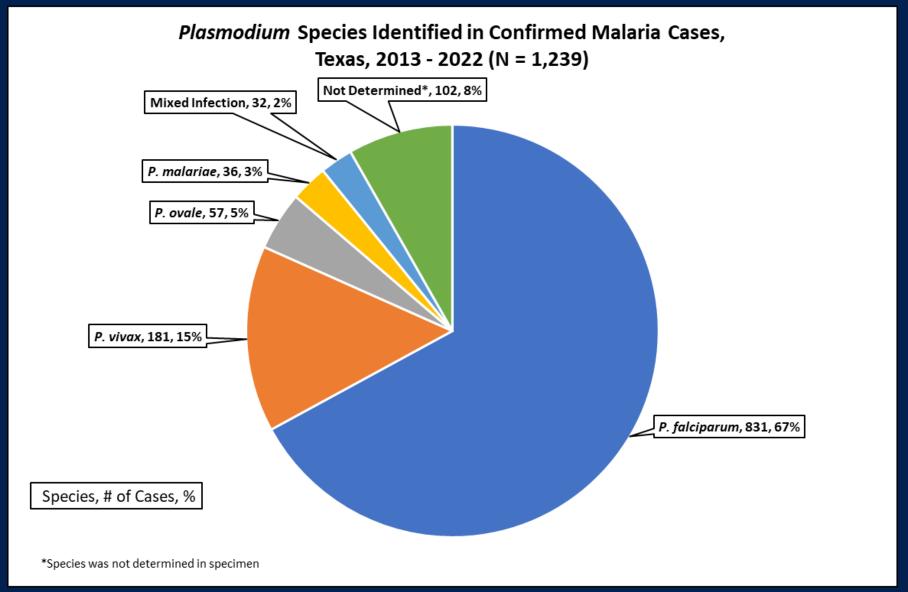
Continent of Acquisition, 2013-2022





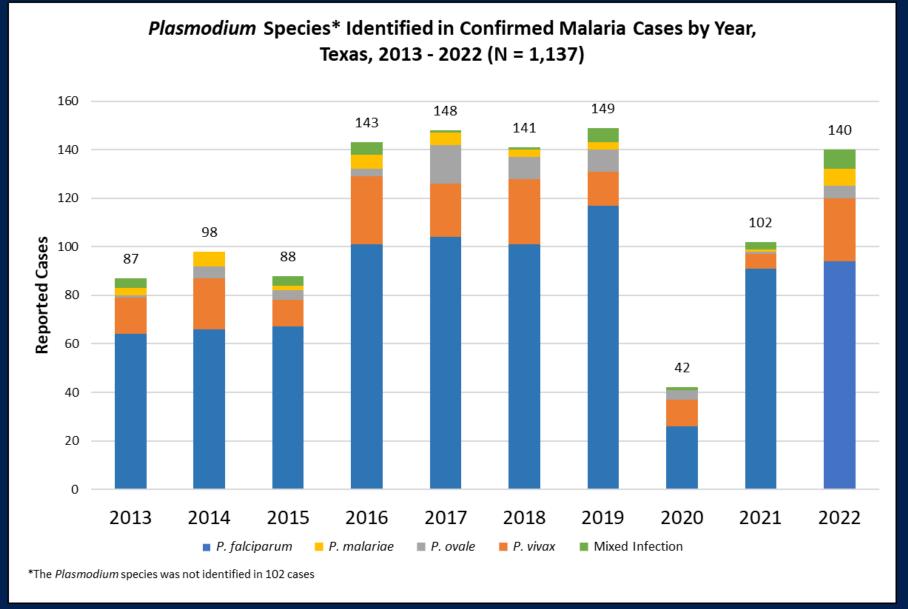
Plasmodium Species, 2013-2022





Plasmodium Species by Year, 2013-2022





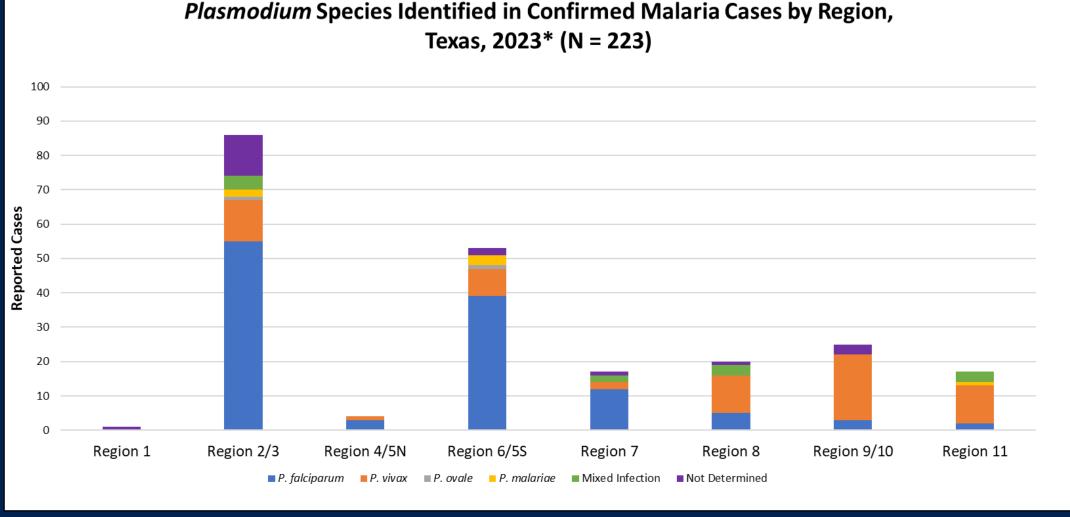


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Preliminary Malaria Data – Texas and Region 11, 2023

Plasmodium Species by Region, 2023*



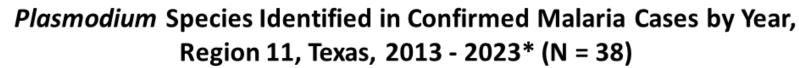


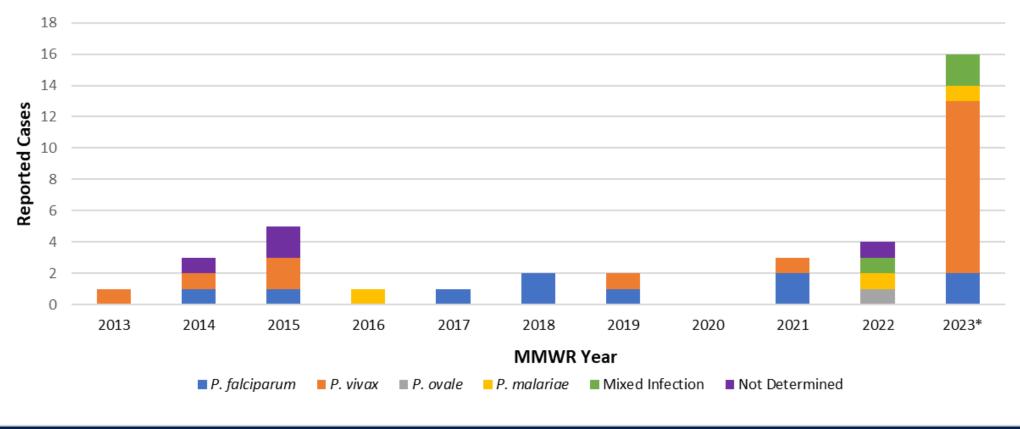
^{*}Data are preliminary and subject to change.

Available from: NEDSS Accessed on: February 7, 2024.

Plasmodium Species by Year, Region 11, 2013-2023*







^{*}Data are preliminary and subject to change.

Available from: NEDSS Accessed on: January 26, 2024.



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Thank you

Amira.Bashadi@dshs.texas.gov



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Malaria Case Investigation

Samantha Puttick Region 4/5 North

Case Investigation

- Notified on 6/7/23
- Requested records from hospital
- Coordinated with hospital lab to get samples forwarded to CDC



Health Services

1st Interview 6/8

- Patient still very sick
- Focused on travel
 - No travel history
 - Has never left continental US
- Patient mentioned being seen at another hospital for this illness
 - Requested records



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- Symptom onset was 5/27
- Seen at 1st hospital 5/30
 - Headache
 - Nausea
 - o Fever (100.8°)
 - Body aches
 - Lack of appetite
- o Labs run
 - o UA
 - o CBC



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- Influenza A & B
- Strep A
- o COVID
- Discharged same day
 - Dx of Viral Syndrome
 - o Ibuprofen 600MG for pain



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- o Fever (102.0°)
- Nausea / Vomiting
- Chills
- Generalized Weakness
- o Labs run
 - o UA
 - CBC with auto differential



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Health Services



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- Astute lab technician noticed malarial organisms on a smear
 - Pathologist didn't think they looked like falciparum
 - Suggested possibility of vivax or ovale
 - Low parasitemia (<5%)</p>
- Hospital reached out to CDC for guidance

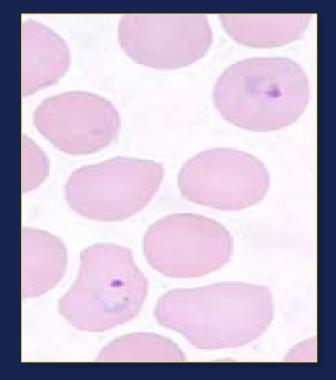


Image from CDC.gov



- Malarone (Atorvaquone/Proguanil)
- Primaquine to be prescribed in future
- CDC reported results on 6/8
 - Plasmodium Vivax
 - Parasitemia 0.33%*
- Patient began to feel better afternoon of 6/8

21



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2nd Interview 6/12



- Had been discharged on 6/10
- Conducted full interview
 - Worked overnight shift outside during May
 - Wore long sleeves and pants
 - Bitten multiple times by mosquitos
 - Did not wear repellent
 - Mentioned 4 co-workers were also experiencing similar illness



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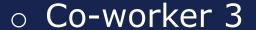
Co-Worker Info



Health Services

- Co-worker 1 lived out of state
 - Advised by DSHS to speak with their PCP about testing
- o Co-worker 2
 - Contact information was incorrect. Lost to follow-up

Co-Worker Info



- Arranged with DSHS to obtain testing
- Results were negative
- o Co-Worker 4
 - Recently had bloodwork done
 - Advised to see if it was still available for testing
 - DSHS also offered to provide testing.



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Co-Worker Symptoms



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- Fever
- o Diarrhea
- Nausea/vomiting
- Weakness
- Fatigue
- Mild respiratory symptoms
 - Congestion
 - Cough
- o Gas
- Belching
- Indigestion

Co-Worker Info



- One from the first day of employment
- The other started 2 days after employment began
- Both mentioned reduction in mosquito bites but were still bitten
- All 3 of the ones contacted recovered with no long-term side effects noted



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Health Services

2/28/2024

26



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Thank You

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Cameron County's Response to an Autochthonous Malaria Case

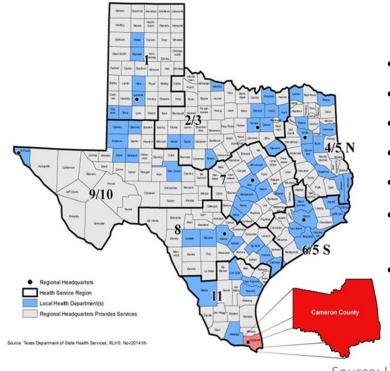
Epidemiology and Laboratory Capacity (ELC) Workshop Friday, February 16, 2024



CAMERON COUNTY PUBLIC HEALTH

Cameron County

- Southernmost county in the state of Texas
- In Public Health Region 11
- Bordered by
 - Hidalgo County (West),
 - Willacy County (North),
 - the Gulf of Mexico (East)
 - Mexico (South).



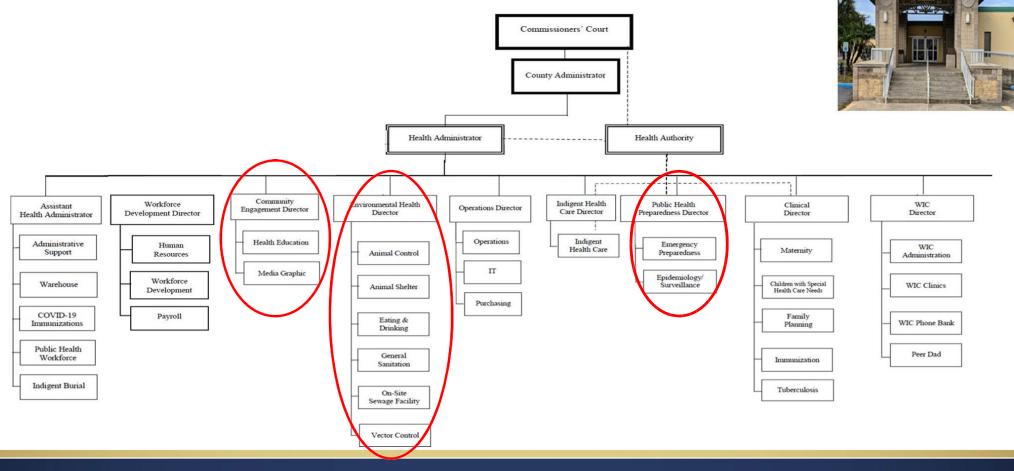
- Population 421,017 (2021)
- Median Age 32.6
- Median Household Income \$50,649
- Poverty 22.3%
- Employment Rate 54.7%
- Education 21.6% Bachelors Degree or Higher
- Without Health Care Coverage 22.3%



Source: US Census Bureau,

https://data.census.gov/profile/Cameron County, Texas?g=050XX00US48061

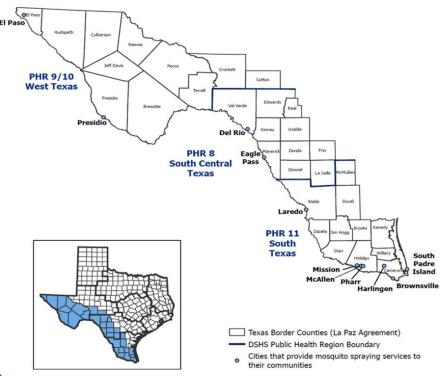
Cameron County Public Health





Municipalities with Vector Control

Municipalities with Vector Control Programs:



Municipalities with Vector Control Officials:

- Brownsville
- Combes
- Harlingen
- La Feria
- Laguna Vista
- Los Fresnos
- Port Isabel
- Primera
- Rio Hondo
- South Padre Island



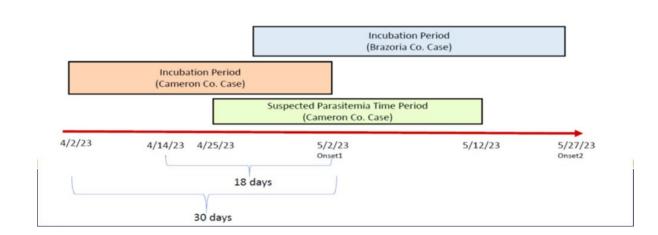
- June 9, 2023 (Friday)
 - CCPH received initial notification from DSHS Region 11 Zoonosis
 Control Program
 - DSHS calls for TEAMS meeting with Cameron County Public Health and City of Brownsville to inform everyone of case and discuss next steps.
- June 12-16, 2023
 - Identified vector surveillance/spraying target locations
 - Sent Vector Surveillance Recommendation Form (w/maps) to EH Program
 - Requested medical records from local hospital and provided them to Brazoria Co. via the regional office.



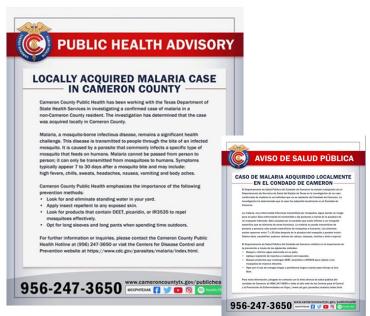
• June 12-16, 2023 Con't

- Identified an imported case of malaria (symptom onset of May 2) that was previously reported in the same area where the patient with autochthonous infection could have likely been exposed.
- Worked with hospital laboratory to send smear on imported malaria case to the DSHS Parasitology lab in Austin so they could forward to CDC.
- Results from CDC received June 16th. P.
 vivax identified.

Time Line and Suspected Incubation Period



- June 23, 2023
 - CCPH released Public Health Advisory
 - oShared via email to IPs, Blackboard to healthcare providers, and posted on website and social media
 - Shared Texas DSHS Health Advisory
- June 26, 2023
 - Shared CDC Health Advisory





patients with fever or other compatible symptoms and a history of mosquito bites and order testing as rellant, wearing long sleeves and pants, and draining standing water to limit mosquito breeding habit

This is an official **CDC HEALTH ADVISORY**

Locally Acquired Malaria Cases Identified in the United States

he Centers for Disease Control and Prevention (CDC) is issuing this Health filled Neth-rook (HAN) Health will be control to the control of t



- Additional Activities (June/July)
 - Shared updated clinical guidance and algorithms with IPs and healthcare providers
 - CDC COCA Call on Malaria Diagnosis and Treatment
 - Ongoing surveillance



Education and Social Media

- Community Engagement Program oHealth Educators
- Website Public Health Advisory https://www.cameroncountytx.gov/publichealth/
- Social Media













Malaria Campaign Metrics

| Platform | Metric |
|--------------|-----------------------|
| Website | 159,700 |
| | Impressions |
| Social Media | 40,392 |
| | reach and engagements |





Social Media



* Posted July 2023



* Posted Sept. 2023

• Infographics on Facebook



Awareness Videos/Reels (Aug 2023)

YouTube:

Eng: Malaria Advisory Span:

Aviso de Malaria



• **Podcast** (Sept. 2023)

YouTube:

Health, YES! – Episode 8

Spotify:

Health, YES! – Episode 8 (Spotify)



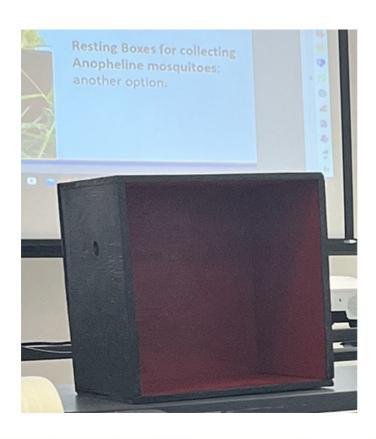
Vector Control and Surveillance

Partners

- CCPH Environmental Health Program
- Vector Control Programs from Municipalities

Activities

- Vector Control
 - Adulticiding
 - Larvaciding
- Anopheles spp. Surveillance
 - Mosquito Traps
 - Resting Boxes Training provided by DSHS
 - Mosquito landing rate counts
- oInformation/Education





Vector Control and Surveillance

- Three target sites identified
- Target Site #1 (Worksite)
 - Set up CDC light traps
 - Set up Resting Boxes
 - Adulticided
- * Prior to event had adulticided 5x in May





Target Site #1 — Enhanced Surveillance

- 1 mile radius (~2 mile diameter)
- Light traps
 - Set-up ~5x btwn. June 14th–July 5th
 - Set-up at 6AM
 - Picked up at 7AM
 - Baited with Co2
- Adulticide Treatment
 - Sprayed 3 times btwn. June 16th-30th
 - Sprayed in the morning hours





Target Site #1 — Enhanced Surveillance

• Resting boxes set up at 5AM and picked up at 10AM with aspirators







Target Site #1 — Enhanced Surveillance

- Total mosquitoes caught =2,888 in 5 batches
 - Anopheles species
 - 129 adult mosquitoes (~4.5%)
 - Sent to CDC for malaria testing
 - All negative for the malaria parasite.





Target Sites 2 and 3

- Target Site #2 (temp. residence)
 - Set up BG-Sentinel traps
 - Performed landing rate counts
 - Adulticided
 - * Prior to event had larvicided (1x) and adulticided (2x) in May
- Target Site #3 (temp. residence of pt. with imported malaria)
 - Set up traps
 - * Prior to event had adulticided 5x in May











Acknowledgments

- CDC Parasitic Diseases Branch
- Texas DSHS Zoonosis Control Branch
- Texas DSHS Entomology, Parasitology, and Molecular Labs
- Texas DSHS Region 4/5N, 6/5S, and 11
- Brazoria County Health Department
- Cameron County Public Health
- City of Brownsville
- City of Harlingen
- City of Los Fresnos





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Thank You

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Cameron County Public Health

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Ph: (956) 247-3625 or (866) 326-3397















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Mosquito Surveillance and Control Activities

Leigh-Anne Lawton, Medical Entomologist Zoonosis Control Branch Texas Department of State Health Services

Surveillance - Adult Traps







Surveillance - Adult Traps







Surveillance - Adult Resting Sites









Surveillance - Larval Habitats



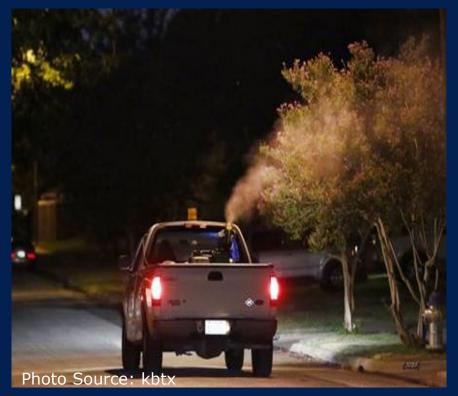


Photo credit: Leigh-Anne Lawton, Zoonosis Control Regional Medical Entomologist

Chemical Spraying











- CDC Parasitic Diseases Branch
- Texas DSHS Zoonosis Control Branch
- Texas DSHS Entomology, Parasitology, and Molecular Labs
- Texas DSHS Regions 4/5N, 6/5S, and 11
- Cameron County Public Health
- City of Harlingen
- City of Los Fresnos
- City of Brownsville
- Brazoria County Health Department



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Thank You!