

# Diabetes News You Can Use



May 2021

*Diabetes News You Can Use* is a free news bulletin of the Texas Department of State Health Services. Compiled by the [Diabetes Prevention and Control Program](#), we highlight information and news related to diabetes.

## Diabetes and the COVID-19 Vaccine

- [COVID-19 vaccination is especially important for people with underlying health problems](#) like heart disease, diabetes and obesity. People with these conditions are more likely to get very sick from COVID-19 disease itself and need protection provided by the vaccine.
- Diabetes and Coronavirus (COVID-19): [What You Need to Know About Getting a COVID-19 Vaccine](#)
- [Frequently Asked Questions about COVID-19 Vaccination](#)

## May is Mental Health Awareness Month

- [Management of Chronic Cardiometabolic Conditions and Mental Health During COVID-19](#)
- [Examining the Relationship Between Delay Discounting, Delay Aversion, Diabetes Self-care Behaviors, and Diabetes Outcomes in U.S. Adults with Type 2 Diabetes](#)

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## June is Stroke Awareness Month and LGBT Pride Month

- [Providing Culturally Sensitive Diabetes Care and Education for the Lesbian, Gay, Bisexual, and Transgender \(LGBT\) Community](#)
- [Polycystic Ovary Syndrome and Risk of Type 2 Diabetes, Coronary Heart Disease, and Stroke](#)
- [Hypertension and Diabetes Mellitus as a Predictive Risk Factor for Stroke](#)

## July is Healthy Vision Month

- [Protecting Vision in Patients with Diabetes with Ultra-Widefield Imaging: A Review of Current Literature](#)
- [Get an annual dilated eye exam:](#) Some eye diseases related to diabetes have no signs or symptoms until they are too obvious to ignore.
- [Vision Health Data and Surveillance System:](#) Uses data sources to provide information about vision loss, eye disorders and eye care services in the United States.

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## Tools and Resources

- The [Centers for Disease Control and Prevention \(CDC\)](#) offers [resources and publications](#) for audiences ranging from the general public, to scientists and other experts.
- Free Webinar: [Evolving the Paradigm in Severe Hypoglycemia Management - May 18, 2021](#)
- Free Webinar: [Diabetes Technology to Address Disparities and Support People with Disabilities - June 23, 2021](#)
- The [CDC has expanded the U.S. Diabetes Surveillance System](#) with a new social determinants of health module. It overlays diabetes data with 15 social vulnerability variables.
- [Tips and Recipes for Diabetes Friendly Barbeques](#)

The articles and hyperlinks to external websites appearing in *Diabetes News You Can Use* are intended to be informational and do not represent an endorsement by the Texas Department of State Health Services. Other websites may not be accessible to people with disabilities. For more information about any of the items listed, please contact the sponsoring organization directly.

Go to [dshs.texas.gov/txdiabetes](https://dshs.texas.gov/txdiabetes) to sign up to receive this bulletin in your email mailbox. You also will receive periodic messages related to public meetings and activities of the DSHS Diabetes Prevention and Control Program.

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