



Texas Department of State
Health Services

HEALING ART SCREENING REQUIREMENTS FOR OSTEOPOROSIS

TEXAS DEPARTMENT OF STATE HEALTH SERVICES
RADIATION SECTION - REGISTRATION UNIT

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In accordance with 25 Texas Administration Code (TAC) 25 §289.226 persons proposing to conduct self-referred healing arts screening must apply for and receive authorization from this agency prior to initiating a screening program. Items 1 through 7 shall be submitted for review by this agency. All documentation submitted must be maintained for inspections by the agency.

1. A written request must be submitted to receive authorization to perform Osteoporosis screening to include the applicants name, address and Certificate of Registration number.
2. A description of the procedures to be used in advising the individuals screened, and their private practitioners of the healing arts, of the results of screening procedures and any further medical needs indicated.
3. A description of the procedures to address individuals, without a physician, means of selecting a physician to whom the report will be sent and who will see the patient for follow up if necessary.
4. Detailed description of the population to be examined (e.g. age, sex, physical condition or other appropriate information).
5. Detailed description of the x-ray examination proposed in the screening program (i.e., AP & Lateral Spine, Hip, AP Forearm).
6. Person to be screened must be at least 18 years old and meet a minimum of one of the following criteria:
 - An estrogen deficient woman at clinical risk for osteoporosis.
 - An individual with vertebral abnormalities.
 - An individual with primary hyperparathyroidism.
 - An individual who is receiving long-term glucocorticoid therapy.
 - An individual with a history of bone fractures.
7. A description of procedures for retention or disposition of the records pertaining to the screening examination.

Credentials for operators of radiation equipment and interpreting physicians shall be maintained and available for inspections by the agency.

GUIDANCE AND RESOURCES:

- ACR-SPR-SSR Practice Parameter for the Performance of Dual Energy X-Ray Absorptiometry
<https://www.acr.org/-/media/ACR/Files/Practice-Parameters/DXA.pdf?la=en>
- ACR Appropriateness Criteria
Osteoporosis and Bone Mineral Density
<https://acsearch.acr.org/docs/69358/Narrative/>