

Texas Substance Use Resources



Substance use disorders can develop in people from all backgrounds and age groups. A substance use disorder occurs when a person's repeated use of a substance affects their daily life.

A wide range of substance use services — including prevention, intervention, treatment and peer support services — are available to adults and adolescents who use substances or have a mild, moderate or severe substance use disorder. Specialized services are available for pregnant women, women with dependent children, and people with co-occurring mental or physical health conditions and substance use disorders.

Substance use services are available to anyone who resides in Texas. Financial assistance for substance use treatment is available for people who meet financial eligibility requirements.

To learn more about substance use disorders, contact your local Outreach, Screening, Assessment and Referral (OSAR) provider to connect with appropriate substance use, case management and peer support services.

To find your OSAR provider, visit [texashhs.org/osar](https://www.texashhs.org/osar).

To find and contact your local substance use provider directly, visit bit.ly/substanceuselocations.

For additional information, visit [mentalhealthtx.org](https://www.mentalhealthtx.org).



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