

DSHS Media Kit – EMS Pull Quotes

Adam – Licensed Flight Paramedic

Quote 1

"If you're looking for a career in EMS, I would advise that you get involved in whatever way you can in your community initially. There's always some kind of need, whether it's volunteering or you're finding some kind of base level job to just get your foot in the door and get the experience."

Quote 2

"Just knowing that on the day to day, anyone in my community could be impacted by me and I can be impacted by them. I talk to them and kind of learn a little bit about them, and hopefully make one of their worst days a little bit better."

Darcy – Emergency Medical Technician (EMT)

Quote 1

"I started to get into health care in high school doing medical assisting classes, and that got a jumpstart on my health care career. I decided to do an EMT class, and I knew that was it for me – that I wanted to do emergency medical services and be an EMT and then a paramedic one day."

Quote 2

"I think this is such an amazing job to do. And the people that get into it, they really love that they get to make a difference. And if that's something that you're interested in, go for it."

Aubrey – Paramedic

Quote 1

"I genuinely love making a difference in my community because, I mean, we do it all. We've gone to schools where we've done career days and I've given tours of our trucks. We've done trunk-r-treats. Just being part of the community and let people know that, hey, we're here. We do more than just the scary 911 stuff."

Quote 2

"It is extremely empowering when you realize, yes, I can do this job. Yes, I'm just as strong as some of my male counterparts. Yes, I'm fully capable of this. I've done the work. I've done the skills. It's very empowering and it's a huge confidence boost. I overall love being a woman in this career field."

Mike – Emergency Medical Technician (EMT)

Quote 1

"When the tones drop, you never know what you're going on. One second, you'll be at the station having a movie night with friends and the next the next second you're on your way to a CPR. And you do everything you can for these people, and then drop them off at the hospital, go back to the station, and you're right back to just hanging out with your friends. It's a different feeling for sure."

Quote 2

"Another benefit to this career is the schedules. My schedule is very open. I work two days on, four days off. It really opens up my life to do what I really love a lot more than most 9 to 5, Monday through Friday jobs."

If you would like to interview DSHS State EMS Director Joe Schmider, or an area EMS representative, please contact Brandy Williams at bwilliams@gdc-co.com. Quotes above are pulled from these [videos](#).



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