

## Let's Talk - Parent and Caregiver Class Survey

**Let's Talk – *Safe Infant Sleep*** parent and caregiver class educators are encouraged to learn from each training by measuring class objectives and goals. This survey helps organizations and educators learn what is working, what may need changing, and how their organization may support the participants and their community in the future.

*Please note: When we use the term caregivers in these modules, we mean individuals who put babies to sleep: Mothers, fathers, grandparents, siblings, other relatives, legal guardians, foster parents, babysitters, daycare, and other childcare education providers.*

1. Please select the type of participant that best describes you.
  - a. I am a soon to be parent expecting my first baby.
  - b. I am a soon to be parent, but this is not my first baby.
  - c. I am a parent of a baby that is 0-12 months old.
  - d. I am a first time caregiver.
  - e. I am an experienced caregiver.
  - f. Other
  
2. If other, please describe.
  
  
3. How did you hear about the training?
  - a. My health care provider
  - b. My local health department
  - c. My WIC clinic
  - d. A community organization
  - e. Another event
  - f. Other
  
4. If other, please explain.

Please share your experience participating in the Let's Talk Safe Infant Sleep Parent and Caregiver Class.

*Select the answer that best applies to each statement.*

5. I know the risks and recommendations related to sleep related infant deaths.
  - a. Strongly agree
  - b. Somewhat agree
  - c. Neither agree nor disagree
  - d. Somewhat disagree
  - e. Strongly disagree
  
6. This class increased my knowledge about Safe Infant Sleep recommendations.
  - a. Strongly agree
  - b. Somewhat agree
  - c. Neither agree nor disagree
  - d. Somewhat disagree
  - e. Strongly disagree
  
7. I feel confident in my ability to adopt \_\_\_\_\_ safe infant sleep recommendations I learned about today.
  - a. all of the
  - b. most of the
  - c. about half of the
  - d. some of the
  - e. very few of the
  
8. I can identify at least four resources in my community's Circle of Support that can help me with safe sleep recommendations.
  - a. Strongly agree
  - b. Somewhat agree
  - c. Neither agree nor disagree
  - d. Somewhat disagree
  - e. Strongly disagree

9. I learned something that is useful to me.
  - a. Strongly agree
  - b. Somewhat agree
  - c. Neither agree nor disagree
  - d. Somewhat disagree
  - e. Strongly disagree
  
10. I feel the class helped me prepare a safe infant sleep plan that I can share with my baby's caregivers.
  - a. Strongly agree
  - b. Somewhat agree
  - c. Neither agree nor disagree
  - d. Somewhat disagree
  - e. Strongly disagree
  
11. I feel that my unique needs and barriers were respected and supported during the class.
  - a. Strongly agree
  - b. Somewhat agree
  - c. Neither agree nor disagree
  - d. Somewhat disagree
  - e. Strongly disagree

Please rate your answers to the statements below.

12. Using a scale from 0 and 10, how satisfied are you with the Let's Talk - *Safe Infant Sleep* Parent and Caregiver Class?

Not Satisfied					Neutral						Extremely Satisfied
0	1	2	3	4	5	6	7	8	9	10	

13. How likely are you to recommend the Let's Talk - *Safe Infant Sleep* class to others?

Not Satisfied					Neutral						Extremely Satisfied
0	1	2	3	4	5	6	7	8	9	10	

14. Would you like to be contacted to receive more information and support about safe Infant sleep?

- a. Yes
- b. No

15. If yes, please provide your name and email address.